

**The NJ DOE Comprehensive School-Based Mental Health
Coaching and Supports (NJ-CSMHCS) Project
SY 2023-2025**

NJ-CSMHCS Project Overview

The **NJ-CSMHCS Project** is a collaborative effort between the New Jersey Department of Education and the Rutgers Center for Comprehensive School-Based Mental Health (Rutgers-CCSMH). This project builds on the New Jersey Comprehensive School Mental Health Resource Guide released in 2022. The NJ-CSMHCS Project will support the implementation of comprehensive school mental health systems in schools across the state. Our extensive approach includes the launch of the New Jersey School Mental Health Leadership Academy and intensive technical assistance for 50 New Jersey schools.

Benefits to Participating Schools

- ✓ **Receive assistance in conducting a formal assessment** of your current comprehensive school mental health (CSMH) system, identifying areas of strength and a **concrete action plan** for improvement.
- ✓ Obtain **no cost-free intensive technical assistance (TA) and training**, both in a group format with other schools and individualized to meet the unique needs of your school.
- ✓ Gain access to a **collaborative peer community** to support the development and implementation of a CSMH system.
- ✓ Build **internal capacity and expertise** within your school or district to support the **implementation and sustainability** of a CSMH system.
- ✓ Receive assistance administering **school mental health screeners** to identify student strengths and needs.

How to Apply

Applicants are strongly encouraged to attend one of the informational sessions to learn more about the **NJ-CSMHCS Project**. Informational sessions will include a project overview, school expectations, and a detailed timeline. If you are unable to attend, please visit the [Rutgers-CCSMH website](https://ccsmh.rutgers.edu/) for more information.

Schools will be selected for participation based on a competitive application process. Completed applications must be received by **Friday, April 28th** to be considered for participation. Applicants will be notified by **Wednesday, May 17th**.

Application Checklist

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| ✓ Complete application request | ✓ Provide thorough and complete responses |
| ✓ Secure administrative and staff buy-in and support | ✓ Submit application by April 28th deadline |
| ✓ Gather requested school data | |
| ✓ Consult with relevant school mental health staff or teams | |

To learn more about the Rutgers Center for Comprehensive School-based Mental Health (Rutgers-CCSMH) and the NJ DOE Comprehensive School-Based Mental Health Coaching and Supports (NJ-CSMHCS) Project, please visit <https://ccsmh.rutgers.edu/> or email ccsmh@rutgers.edu

Project Timeline (2023-2025)

Training and technical assistance sessions may be held in-person or virtually depending on need and capacity. Trainings will be held for School Mental Health Leads (SMH Leads) and the Comprehensive School Mental Health Teams (CSMH Teams).

Training topics may include: developing an Multi-Tiered System of Support (MTSS) framework and aligning initiatives within a MTSS framework, teaming, conducting needs assessments, resource mapping, and establishing universal interventions (Tier 1), strategies for effective school-based mental health coaching, risk assessment, and establishing targeted interventions (Tiers 2 and 3).

Academic Year	Fall Sept - Dec	Winter Jan-Mar	Spring Apr-June
SY 2022-2023 		Project Informational Sessions (March)	- Application Submission (April) - Applicant Acceptance Notification (May) - Program Orientation (June)
SY 2023-2024	- Launch SMH Leadership Academy Training (October) - SMH Leadership Academy Training (December) - Baseline School Data Collection and Action Planning	- CSMH Team Training, including SMH Leads Kick-Off Event (January) - CSMH Team Training, Including SMH Leads (March) - Individualized School Monthly TA	- CSMH Team Training, including SMH Leads Reflection and Readiness (May) - Individualized School Monthly TA
SY 2024-2025	- CSMH Team Training, including SMH Leads Training (October) - Individualized School Monthly TA	- CSMH Team Training (January & March) - Advanced SMH Leadership Training (January & March) - Individualized School Monthly TA	- CSMH Team Training (May) - Advanced SMH Leadership Training (May) - Individualized School Monthly TA - CSMH Teams End of Project Event (June)
SY 2025-2026	SMH Leadership Academy Roundtable (October & December)		

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